## Fitness sessions timetable Ennerdale Leisure Centre

## Accurate as of 10/04/2024

Times for Sunday 26 September		
Time	Session	Facility
8:30 am - 12:00 pm	Gym Open to Public	Gym
9:30 am - 10:15 am	Spinning (scenic ride)	Fitness Studio
12:30 pm - 4:00 pm	Gym Open to Public	Gym
1:15 pm - 2:00 pm	Spinning (scenic ride)	Fitness Studio