Garstang Fitness Classes Timetable Garstang Leisure Centre

Accurate as of 19/05/2024

Times for Thursday 29 October				<u>(</u>
Time	Session	Facility	Instructor	
09:00 - 09:45	Spinning	Studio	Dave S	
10:00 - 11:00	Zumba Tone	Studio	Jane	
18:00 - 19:00	Retromovez	Studio	Lisa	
19:30 - 20:30	Piloxing	Studio	Lisa	