## **Garstang Fitness Classes Timetable Garstang Leisure Centre**

Accurate as of 09/05/2025

Times for Saturday 17 June				<b>(</b>
Time	Session	Facility	Instructor	
08:30 - 09:30	H.I.I.T	Studio	Lisa	
10:00 - 11:00	Zumba	Studio	Lisa	