

Mounts Baths Studio Programme

Mounts Baths Leisure Centre

Accurate as of 30/04/2024

Times for Tuesday 16 April



| Time | Session | Facility | Instructor |
|---------------|-------------|--------------|------------|
| 09:45 - 11:00 | Yoga 14+ | Dance Studio | Lynn |
| 18:00 - 19:00 | Pilates 14+ | Dance Studio | Wendy |