

Mounts Baths Studio Programme

Mounts Baths Leisure Centre

Accurate as of 21/05/2024

Times for Monday 24 June			
Time	Session	Facility	Instructor
11:30 - 12:30	Freestyle Fitness Yoga 50+	Dance Studio	Naz
19:00 - 19:45	Indoor Cycle 14+	Dance Studio	Steve