

# Rivers Group Exercise

## Pershore Leisure Centre

Accurate as of 10/06/2026

### Times for Monday 6 January



Time	Session	Facility
09:30 - 10:30	PowerMix	Main Hall
10:30 - 11:30	Eazy Fit	Main Hall
19:00 - 20:00	Shapes	Studio
20:00 - 21:00	Group Cycle	Studio