

Rivers Group Exercise

Pershore Leisure Centre

Accurate as of 21/09/2026

Times for Tuesday 22 September

Time	Session	Facility
07:00 - 07:45	Sunrise Vinyasa Yoga	Studio
09:00 - 10:00	Zumba	Main Hall
09:15 - 10:15	H2O	Main Pool
16:00 - 17:30	Junior Gym	Gym
18:00 - 19:00	Group Cycle	Studio
19:00 - 20:00	Body Pump	Studio