Rivers Group Exercise

Pershore Leisure Centre

Accurate as of 08/11/2026

Times for Tuesday 10 November

Time	Session	Facility
07:00 - 07:45	Sunrise Vinyasa Yoga	Studio
09:15 - 10:00	Group Cycle	Studio
09:15 - 10:15	H2O	Main Pool
10:00 - 10:45	Body Pump	Studio
16:00 - 17:30	Junior Gym	Gym
18:00 - 19:00	Group Cycle	Studio
19:00 - 20:00	Body Pump	Studio