Rivers Group Exercise

Pershore Leisure Centre

Accurate as of 08/11/2026

Times for Wednesday 11 November

Time	Session	Facility
09:15 - 10:15	Les Mills BODYCOMBAT™	Studio
10:30 - 11:30	Yoga	Studio
10:30 - 11:30	Body Pump Express	Main Hall
16:00 - 17:30	Junior Gym	Gym
17:00 - 18:00	Pilates	Studio
18:00 - 19:00	Pilates	Studio
18:00 - 19:00	Zumba	Main Hall
19:00 - 20:00	H2O	Main Pool
20:00 - 21:00	Group Cycle	Studio