

# Middleton Arena Swimming Timetable

## Middleton Arena

Accurate as of 17/05/2024

| Times for Monday 15 April |                         |
|---------------------------|-------------------------|
| Time                      | Session                 |
| 06:30 - 09:15             | Lane Swim               |
| 06:30 - 14:00             | Public Swim             |
| 09:00 - 11:00             | Public Swim             |
| 09:15 - 10:00             | Aqua Aerobics           |
| 10:00 - 10:45             | Aqua Aerobics           |
| 11:00 - 12:00             | Swimability             |
| 11:00 - 14:00             | Link4Life Swim Academy  |
| 12:00 - 13:00             | Lane Swim               |
| 14:00 - 15:45             | Closed - Staff Training |
| 14:00 - 16:30             | Closed - Staff Training |
| 15:45 - 19:15             | Link4Life Swim Academy  |
| 15:45 - 19:15             | Link4Life Swim Academy  |
| 16:30 - 21:00             | Public Swim             |
| 19:15 - 20:00             | Aqua Aerobics           |
| 20:00 - 21:00             | Lane Swim               |
| 21:15 - 22:15             | Private Hire            |