

# Middleton Arena Swimming Timetable

## Middleton Arena

Accurate as of 10/05/2024

Times for Monday 19 August	
Time	Session
06:30 - 09:15	Lane Swim
06:30 - 14:00	Public Swim
09:00 - 13:00	Public Swim
09:15 - 10:00	Aqua Aerobics
10:00 - 10:45	Aqua Aerobics
11:00 - 12:00	Swimability
11:00 - 14:00	Link4Life Swim Academy
12:00 - 13:00	Lane Swim
14:00 - 15:45	Closed - Staff Training
14:00 - 16:30	Closed - Staff Training
15:45 - 19:15	Link4Life Swim Academy
15:45 - 19:15	Link4Life Swim Academy
16:30 - 21:00	Public Swim
19:15 - 20:00	Aqua Aerobics
20:00 - 21:00	Lane Swim
21:15 - 22:15	Private Hire