

Middleton Arena Swimming Timetable

Middleton Arena

Accurate as of 02/05/2024

Times for Friday 23 August	
Time	Session
06:30 - 09:15	Lane Swim
06:30 - 21:00	Public Swim
09:00 - 13:00	Public Swim
09:30 - 10:15	Aqua Aerobics
10:15 - 11:00	Aqua Aerobics
12:00 - 13:00	Lane Swim
15:45 - 19:15	Link4Life Swim Academy
15:45 - 19:15	Link4Life Swim Academy
20:00 - 21:00	Lane Swim