

# Middleton Arena Swimming Timetable

## Middleton Arena

Accurate as of 10/05/2024

Times for Thursday 29 August	
Time	Session
06:30 - 09:15	Lane Swim
06:30 - 21:00	Public Swim
11:00 - 15:30	Public Swim
11:45 - 13:00	Lane Swim
15:45 - 19:15	Link4Life Swim Academy
15:45 - 19:15	Link4Life Swim Academy
19:15 - 20:00	Adult Learn To Swim
20:00 - 20:45	Aqua Jog
21:00 - 22:00	Triathlon Club (Private Hire)