

# Middleton Arena Swimming Timetable

## Middleton Arena

Accurate as of 29/04/2024

### Times for Friday 30 August



Time	Session
06:30 - 09:15	Lane Swim
06:30 - 21:00	Public Swim
09:00 - 13:00	Public Swim
09:30 - 10:15	Aqua Aerobics
10:15 - 11:00	Aqua Aerobics
12:00 - 13:00	Lane Swim
15:45 - 19:15	Link4Life Swim Academy
15:45 - 19:15	Link4Life Swim Academy
20:00 - 21:00	Lane Swim