

Middleton Arena Swimming Timetable

Middleton Arena

Accurate as of 29/04/2024

Times for Tuesday 22 October	
Time	Session
06:30 - 09:15	Lane Swim
06:30 - 20:00	Public Swim
11:00 - 15:45	Public Swim
11:45 - 13:00	Lane Swim
15:45 - 19:15	Link4Life Swim Academy
15:45 - 19:15	Link4Life Swim Academy
19:15 - 20:00	Aqua Aerobics
19:15 - 21:15	Triathlon Club (Private Hire)
20:00 - 20:45	Aqua Jog
21:00 - 22:00	Public Swim
21:15 - 22:00	Lane Swim