

Middleton Arena Swimming Timetable

Middleton Arena

Accurate as of 04/05/2024

Times for Tuesday 30 April



Time	Session
06:30 - 08:30	Lane Swim
08:30 - 11:45	Public Swim
09:00 - 11:45	Schools Learn To Swim
09:30 - 11:45	Schools Learn To Swim
11:45 - 12:45	Aqua Tots (no instructor)
11:45 - 12:45	Lane Swim
12:45 - 15:00	Schools Learn To Swim
12:45 - 15:00	Schools Learn To Swim
12:45 - 19:30	Public Swim
15:00 - 15:30	Intro to Aqua Aerobics
19:30 - 20:15	Aqua Aerobics
19:30 - 21:30	Triathlon Club (Private Hire)
20:15 - 21:00	Aqua Jog
21:00 - 21:45	Lane Swim