Middleton Arena Swimming Timetable Middleton Arena

Accurate as of 18/05/2024

Times for Tuesday 30 April	©)
Time	Session	
06:30 - 08:30	Lane Swim	
08:30 - 11:45	Public Swim	
09:00 - 11:45	Schools Learn To Swim	
09:30 - 11:45	Schools Learn To Swim	
11:45 - 12:45	Aqua Tots (no instructor)	
11:45 - 12:45	Lane Swim	
12:45 - 15:00	Schools Learn To Swim	
12:45 - 15:00	Schools Learn To Swim	
12:45 - 19:30	Public Swim	
15:00 - 15:30	Intro to Aqua Aerobics	
19:30 - 20:15	Aqua Aerobics	
19:30 - 21:30	Triathlon Club (Private Hire)	
20:15 - 21:00	Aqua Jog	
21:00 - 21:45	Lane Swim	