

Middleton Arena Swimming Timetable

Middleton Arena

Accurate as of 01/06/2026

Times for Tuesday 10 September



Time	Session
06:30 - 08:30	Lane Swim
07:30 - 10:45	Public Swim
07:45 - 08:45	Public Swim
08:00 - 09:00	Lane Swim
08:00 - 16:00	Public Swim
08:30 - 11:45	Public Swim
08:45 - 09:45	Public Swim
09:00 - 10:30	Family Swim
09:00 - 10:30	Family Swim
09:00 - 10:30	Family Swim
09:00 - 10:45	Public Swim
09:00 - 10:45	Family Swim
09:00 - 11:30	Public Swim
09:00 - 11:30	Public Swim
09:30 - 10:30	Public Swim
09:45 - 10:45	Public Swim
09:45 - 10:45	Public Swim
10:00 - 11:00	Public Swim
10:00 - 11:00	Public Swim
10:00 - 15:00	Public Swim
10:00 - 15:00	Family Swim

Time	Session
10:45 - 11:45	Public Swim
10:45 - 11:45	Public Swim
10:45 - 11:45	Public Swim
11:00 - 12:00	Public Swim
11:00 - 15:00	Public Swim
11:30 - 15:00	Family Swim
11:45 - 12:45	Aqua Tots (no instructor)
11:45 - 12:45	Lane Swim
11:45 - 15:00	Public Swim
11:45 - 15:00	Public Swim
11:45 - 15:00	Family Swim
11:45 - 15:00	Family Swim
12:00 - 13:00	Family Swim
12:00 - 13:00	Public Swim
12:00 - 13:00	Public Swim
12:00 - 13:00	Public Swim
12:00 - 13:00	Public Swim
12:00 - 13:00	Public Swim
12:00 - 13:00	Public Swim
12:00 - 13:00	Public Swim
12:00 - 15:00	Family Swim
12:00 - 15:00	Public Swim
12:00 - 15:00	Public Swim
12:00 - 15:00	Public Swim
12:00 - 15:00	Public Swim

Time	Session
12:00 - 15:00	Public Swim
12:00 - 15:00	Family Swim
12:00 - 15:00	Family Swim
12:45 - 15:00	Family Swim
12:45 - 19:30	Public Swim
13:00 - 14:00	Family Swim
13:00 - 14:00	Public Swim
13:00 - 14:00	Public Swim
13:00 - 14:00	Public Swim
13:00 - 14:00	Public Swim
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13:00 - 14:00	Public Swim
13:00 - 14:00	Public Swim
13:00 - 14:00	Public Swim
13:00 - 15:00	Public Swim
13:00 - 15:00	Public Swim
14:00 - 15:00	Family Swim
14:00 - 15:00	Public Swim

Time	Session
14:00 - 15:00	Public Swim
14:00 - 15:00	Public Swim
14:00 - 15:00	Public Swim
14:00 - 15:00	Public Swim
14:00 - 15:00	Public Swim
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14:00 - 15:00	Public Swim
14:00 - 15:00	Public Swim
14:00 - 15:00	Public Swim
15:00 - 16:00	Public Swim
15:00 - 16:00	Public Swim
15:00 - 16:00	Public Swim
15:00 - 16:00	Public Swim
19:30 - 20:15	Aqua Aerobics
20:15 - 21:00	Aqua Jog
21:00 - 21:45	Lane Swim