

Middleton Arena Swimming Timetable

Middleton Arena

Accurate as of 28/08/2026

Times for Wednesday 26 August

Time	Session
06:30 - 08:00	Lane Swim
08:00 - 09:30	Public Swim
09:30 - 10:30	Public Swim
10:30 - 11:30	Public Swim
11:30 - 12:30	Public Swim
11:30 - 12:30	Lane Swim
12:30 - 13:30	Public Swim
13:00 - 14:00	Public Swim
13:30 - 15:00	Public Swim
14:00 - 15:30	Public Swim
19:00 - 20:00	Public Swim
20:00 - 21:00	Public Swim
20:00 - 21:00	Lane Swim
21:00 - 22:00	Lane Swim