

Middleton Arena Swimming Timetable

Middleton Arena

Accurate as of 28/08/2026

Times for Friday 28 August		
Time	Session	
06:30 - 08:00	Lane Swim	
08:00 - 09:30	Public Swim	
09:30 - 10:30	Public Swim	
11:30 - 12:30	Public Swim	
11:30 - 12:30	Lane Swim	
12:30 - 13:30	Public Swim	
13:00 - 14:00	Public Swim	
13:30 - 15:00	Public Swim	
14:00 - 15:00	Public Swim	
15:00 - 16:00	Public Swim	
16:00 - 17:00	Public Swim	
17:00 - 18:00	Public Swim	
18:00 - 19:30	Public Swim	
19:30 - 20:30	Lane Swim	
20:30 - 21:30	Lane Swim	