

Middleton Arena Swimming Timetable

Middleton Arena

Accurate as of 28/08/2026

Times for Sunday 30 August

Time	Session
08:00 - 09:00	Lane Swim
09:00 - 10:00	Public Swim
10:00 - 11:00	Public Swim
11:00 - 12:00	Public Swim
12:00 - 13:00	Public Swim
12:30 - 14:00	Family Swim
13:00 - 14:00	Public Swim
14:00 - 15:00	Family Swim
14:00 - 15:00	Lane Swim
15:00 - 16:00	Family Swim
15:00 - 16:00	Aqua Fun
16:00 - 17:00	Public Swim