

Middleton Arena Swimming Timetable

Middleton Arena

Accurate as of 28/08/2026

Times for Monday 31 August		
Time	Session	
06:30 - 07:30	Lane Swim	
07:30 - 08:30	Lane Swim	
08:30 - 11:30	Public Swim	
09:00 - 11:00	Family Swim	
11:00 - 13:00	Family Swim	
11:30 - 12:15	Lane Swim	
12:15 - 13:00	Lane Swim	
13:00 - 14:45	Family Swim	
13:00 - 15:30	Public Swim	