

Middleton Arena Swimming Timetable

Middleton Arena

Accurate as of 28/08/2026

Times for Tuesday 1 September		
Time	Session	
06:30 - 07:30	Lane Swim	
07:30 - 08:30	Lane Swim	
08:30 - 11:30	Public Swim	
11:30 - 12:15	Lane Swim	
11:45 - 12:45	Aqua Tots (no instructor)	
12:15 - 13:00	Lane Swim	
13:00 - 17:45	Public Swim	
17:45 - 18:30	Lane Swim	
18:30 - 19:30	Lane Swim	
20:15 - 21:15	Lane Swim	
21:15 - 22:00	Lane Swim	