Middleton Arena Swimming Timetable

Middleton Arena

Accurate as of 25/11/2026

Times for Wednesday 25 November

Time	Session
06:30 - 07:30	Lane Swim
07:30 - 08:30	Lane Swim
08:30 - 11:30	Public Swim
09:30 - 10:30	Public Swim
10:30 - 11:30	Public Swim
11:30 - 12:15	Lane Swim
11:45 - 12:45	Aqua Tots (no instructor)
12:15 - 13:00	Lane Swim
13:00 - 15:45	Public Swim
14:00 - 15:00	Public Swim
19:30 - 21:00	Public Swim
20:00 - 21:00	Lane Swim
20:00 - 21:00	Public Swim
21:00 - 22:00	Lane Swim