

# Swimming Timetable

## The Spa At Beckenham

Accurate as of 13/06/2026

### Times for Tuesday 5 May



| Time          | Session   | Facility              |
|---------------|---|-----------------------|
| 06:00 - 09:30 | Pool Closed   | Teaching Pool (20.0m) |
| 06:00 - 18:00 | Lane Swim (number of lanes determined by other pool activities) | Main Pool             |
| 06:00 - 22:00 | General Swimming  | Main Pool             |
| 08:30 - 09:15 | AquaFit 16+   | Main Pool             |
| 09:30 - 15:30 | Swimming Academy  | Teaching Pool (20.0m) |
| 15:30 - 16:00 | Pool Closed   | Teaching Pool (20.0m) |
| 16:00 - 18:00 | Swimming Academy  | Teaching Pool (20.0m) |
| 16:00 - 19:00 | Swimming Academy  | Main Pool             |
| 18:00 - 18:30 | Pool Closed   | Teaching Pool (20.0m) |
| 18:30 - 19:25 | AquaFit 16+   | Main Pool             |
| 18:30 - 22:00 | Lane Swim (number of lanes determined by other pool activities) | Main Pool             |
| 19:30 - 20:30 | AquaFit 16+   | Main Pool             |
| 20:30 - 22:00 | Pool Closed   | Teaching Pool (20.0m) |