

Swimming Timetable

The Spa At Beckenham

Accurate as of 17/05/2026

Times for Thursday 21 May



Time	Session	Facility
06:00 - 09:00	Pool Closed	Teaching Pool (20.0m)
06:00 - 19:30	Lane Swim (number of lanes determined by other pool activities)	Main Pool
06:00 - 22:00	General Swimming	Main Pool
08:00 - 08:45	AquaFit 16+	Main Pool
08:45 - 09:30	AquaFit 16+	Main Pool
09:30 - 10:30	Swimming Academy	Main Pool
09:30 - 12:00	Swimming Academy	Teaching Pool (20.0m)
12:00 - 12:45	Toddler Sing and Splash	Teaching Pool (20.0m)
12:45 - 13:30	Toddler Sing and Splash	Teaching Pool (20.0m)
13:00 - 15:00	Swimming Academy	Main Pool
13:30 - 19:30	Swimming Academy	Teaching Pool (20.0m)
16:00 - 20:30	Swimming Academy	Main Pool
19:20 - 20:00	AquaFit 16+	Main Pool
19:30 - 21:00	Swimming Clubs	Main Pool
19:30 - 22:00	General Swimming	Main Pool
20:30 - 22:00	Swimming Academy	Teaching Pool (20.0m)
20:30 - 22:00	Lane Swim (number of lanes determined by other pool activities)	Main Pool