

Swimming Timetable

The Spa At Beckenham

Accurate as of 21/09/2026

Times for Tuesday 22 September

Time	Session	Facility
06:00 - 09:30	Pool Closed	Teaching Pool (20.0m)
06:00 - 18:00	Lane Swim (number of lanes determined by other pool activities)	Main Pool
06:00 - 22:00	General Swimming	Main Pool
08:30 - 09:15	AquaFit 16+	Main Pool
09:30 - 15:30	Swimming Academy	Teaching Pool (20.0m)
15:30 - 16:00	Pool Closed	Teaching Pool (20.0m)
16:00 - 18:00	Swimming Academy	Teaching Pool (20.0m)
16:00 - 19:00	Swimming Academy	Main Pool
18:00 - 18:30	Pool Closed	Teaching Pool (20.0m)
18:30 - 19:25	AquaFit 16+	Main Pool
18:30 - 22:00	Lane Swim (number of lanes determined by other pool activities)	Main Pool
19:30 - 20:30	AquaFit 16+	Main Pool
20:30 - 22:00	Pool Closed	Teaching Pool (20.0m)