

Swimming Timetable

The Spa At Beckenham

Accurate as of 21/09/2026

Times for Wednesday 23 September			
Time	Session	Facility	
06:00 - 08:00	Swimming Clubs	Main Pool	
06:00 - 08:00	Adults Only	Main Pool	
08:00 - 08:45	AquaFit 16+	Teaching Pool (20.0m)	
08:00 - 09:30	General Swimming	Main Pool	
08:00 - 09:30	Pool Closed	Teaching Pool (20.0m)	
08:00 - 17:00	Lane Swim (number of lanes determined by other pool activities)	Main Pool	
08:45 - 09:30	AquaFit 16+	Main Pool	
09:30 - 11:00	Swimming Academy	Main Pool	
09:30 - 12:00	Swimming Academy	Teaching Pool (20.0m)	
09:35 - 10:25	AquaFit 16+	Main Pool	
10:30 - 20:00	General Swimming	Main Pool	
12:00 - 13:30	Swimming Clubs	Teaching Pool (20.0m)	
13:30 - 15:00	Swimming Academy	Teaching Pool (20.0m)	
15:00 - 16:00	Family Splash	Teaching Pool (20.0m)	
16:00 - 18:00	Swimming Academy	Teaching Pool (20.0m)	
16:00 - 18:30	Swimming Academy	Main Pool	
17:00 - 22:00	Swimming Clubs	Main Pool	
18:00 - 19:00	Family Splash	Teaching Pool (20.0m)	
19:00 - 21:00	Swimming Clubs	Teaching Pool (20.0m)	
20:00 - 22:00	Adults Only	Main Pool	
21:00 - 22:00	Pool Closed	Teaching Pool (20.0m)	