

Swim Timetable

Bitterne Leisure Centre

Accurate as of 02/10/2026

Times for Sunday 4 October			
Time	Session	Facility	
08:30 - 10:30	Public Swim Half Pool	Main Pool 25m	
08:30 - 10:30	Swim Lessons	Main Pool 25m	
08:30 - 12:30	Children's Lessons	Teaching Pool (10.0m)	
10:00 - 10:30	Adult Swimming Lessons	Main Pool 25m	
10:30 - 15:00	Public Swim	Main Pool 25m	
12:30 - 15:00	Public Swim	Teaching Pool (10.0m)	
15:05 - 16:05	Penguin Disabled Club	Main Pool 25m	
15:05 - 16:05	Penguin Disabled Club	Teaching Pool (10.0m)	
16:15 - 17:00	Children's Pool Party	Main Pool 25m	
16:15 - 17:00	Children's Pool Party	Teaching Pool (10.0m)	