

# Swim Timetable

## Bitterne Leisure Centre

Accurate as of 02/10/2026

### Times for Tuesday 6 October



| Time          | Session                    | Facility              |
|---------------|----------------------------|-----------------------|
| 07:30 - 09:00 | Adult Lane Swim            | Main Pool 25m         |
| 09:00 - 12:30 | Swim Lessons               | Teaching Pool (10.0m) |
| 09:15 - 10:00 | Aqua Fit                   | Main Pool 25m         |
| 10:00 - 11:00 | Ladies Swim                | Main Pool 25m         |
| 11:00 - 12:00 | Tots Fun Time with Toys    | Teaching Pool (10.0m) |
| 11:00 - 13:00 | Lane Swim                  | Main Pool 25m         |
| 12:00 - 13:00 | Public Swim                | Teaching Pool (10.0m) |
| 13:00 - 15:00 | School Use                 | Teaching Pool (10.0m) |
| 13:00 - 15:00 | School Use                 | Main Pool 25m         |
| 15:00 - 15:30 | Public Swim                | Teaching Pool (10.0m) |
| 15:00 - 16:00 | Public Swim                | Main Pool 25m         |
| 15:30 - 19:00 | Swim Lessons               | Teaching Pool (10.0m) |
| 16:00 - 19:00 | Swim Lessons               | Main Pool 25m         |
| 18:30 - 19:00 | Bitterne Development Squad | Main Pool 25m         |
| 19:00 - 19:45 | Cardio Aqua                | Main Pool 25m         |
| 20:00 - 21:00 | Ladies Swim                | Main Pool 25m         |
| 21:00 - 22:00 | Adult Lane Swim            | Main Pool 25m         |
| 21:00 - 22:00 | Swim Fit                   | Main Pool 25m         |