

Fitness Timetable

Haverhill Leisure Centre

Accurate as of 07/06/2026

Times for Tuesday 9 June



Time	Session	Facility	Instructor	Level
06:30 - 06:55	Express Circuits	Gym		
09:30 - 10:30	RPM	RPM Studio		
10:30 - 11:30	Kettlebell	Dance Studio 1		
12:10 - 13:10	Veraflow	Dance Studio 2		
12:30 - 13:30	Pilates	Activity Hall		
17:30 - 17:55	Express Circuits	Gym		
18:00 - 19:00	Body Pump	Dance Studio 1		
18:00 - 19:00	Beginner Pilates	Activity Hall		
19:10 - 20:10	Body Balance	Dance Studio 1		
19:10 - 20:10	Mash Up	Dance Studio 2		