

Fitness Timetable

Haverhill Leisure Centre

Accurate as of 07/06/2026

Times for Wednesday 10 June



Time	Session	Facility	Instructor	Level
09:30 - 10:30	Mid Week Blitz	Dance Studio 1		
10:00 - 11:00	Keep Active	Main Hall		
10:30 - 11:30	Beginner Pilates	Activity Hall		
11:15 - 12:15	Keep Active	Main Hall		
11:15 - 12:15	Fitsteps	Dance Studio 1		
18:00 - 19:00	RPM	RPM Studio		
18:00 - 19:00	Boot Camp	Dance Studio 1		
18:00 - 19:00	BodyStep	Dance Studio 2		
19:10 - 20:10	Body Vive	Dance Studio 2		
20:15 - 21:15	Beginner Hot Yoga	Activity Hall		