exercise class programme

Sandwich Leisure Centre

Accurate as of 12/10/2024

Times for Tuesday 27 April

Time	Session	Facility	Instructor	Level
8:30 am - 9:30 am	Fitness Yoga	Studio 1	Jenna	all levels
9:35 am - 10:35 am	Body Sculpt	Studio 1	Debbie	all levels
6:20 pm - 7:05 pm	Body Attack	Studio 1		all levels
7:10 pm - 8:10 pm	Fitness Pilates	Studio 1		all levels