

exercise class programme

Sandwich Leisure Centre

Accurate as of 28/04/2024

Times for Thursday 18 August



Time	Session	Facility	Instructor	Level
9:15 am - 10:00 am	Dance Fitness (Cancelled)	Studio 1	Katie H	all levels
10:05 am - 10:50 am	Fitness Pilates	Studio 1	Katie H	all levels