

exercise class programme

Sandwich Leisure Centre

Accurate as of 05/05/2024

Times for Thursday 25 August				
Time	Session	Facility	Instructor	Level
9:15 am - 10:00 am	Dance Fitness	Studio 1	Katie H	all levels
10:05 am - 10:50 am	Fitness Pilates	Studio 1	Katie H	all levels