

exercise class programme

Sandwich Leisure Centre

Accurate as of 17/05/2024

Times for Saturday 20 April				
Time	Session	Facility	Instructor	Level
9:30 am - 10:15 am	Body Conditioning	Studio 1	Katie / Steve	all levels
10:15 am - 11:15 am	Stretch & Tone	Studio 1	Katie / Steve	all levels