

West Craven Swimming & Fitness Timetable

West Craven Sports Centre

Accurate as of 26/04/2026

Times for Sunday 26 April



Time	Session	Facility
09:00 - 10:00	Private Swimming Lessons	Teaching Pool (12.0m)
09:00 - 12:00	Public Swim / Private Lessons	Indoor Pool (25.0m)
09:00 - 15:00	Gym Open Session	Gym
10:00 - 11:00	Freestyle H.I.I.T Circuits	Main Hall
10:00 - 15:00	Public Swimming	Teaching Pool (12.0m)
12:00 - 15:00	Teen Gym	Gym
12:30 - 13:30	Childrens Water Fun Session	Indoor Pool (25.0m)
13:30 - 15:00	Public Swimming	Indoor Pool (25.0m)