

# West Craven Swimming & Fitness Timetable

## West Craven Sports Centre

Accurate as of 26/04/2026

### Times for Friday 1 May



Time	Session	Facility
09:00 - 12:00	Adult Only Swimming	Indoor Pool (25.0m)
09:00 - 22:00	Gym Open Session	Gym
09:30 - 12:00	Tadpole Lessons	Teaching Pool (12.0m)
11:00 - 12:00	FitSteps	Dance Studio
12:00 - 16:00	Public Swimming	Teaching Pool (12.0m)
12:00 - 16:00	Public Swimming	Indoor Pool (25.0m)
12:15 - 13:15	Zumba Tone	Dance Studio
15:00 - 17:00	Teen Gym	Gym
15:30 - 17:30	West Craven Sports Hub	Main Hall
16:00 - 18:30	Public Swim / Private Lessons	Indoor Pool (25.0m)
16:00 - 18:30	Private Swimming Lessons	Teaching Pool (12.0m)
17:30 - 18:00	Mini Pedal Blast	Dance Studio
18:00 - 18:50	Kick-Boxercise	Main Hall
18:05 - 19:05	K08	Dance Studio
18:30 - 20:00	Public Swimming	Teaching Pool (12.0m)
18:30 - 20:30	Skipton Swimming Club	Indoor Pool (25.0m)
20:30 - 22:00	Adult Only Swimming	Indoor Pool (25.0m)