

Exercise Timetable

Malvern Active

Accurate as of 25/08/2026

Times for Thursday 20 August			
Time	Session	Facility	Instructor
10:00 - 11:00	Yoga	Studio	Miranda
18:30 - 19:30	Pilates	Studio	Nesrin
19:30 - 20:30	Pilates	Studio	Nesrin