

Pendle Wavelengths Swimming & Fitness Classes

Pendle Wavelengths

Accurate as of 19/04/2026

Times for Sunday 12 August



Time	Session	Facility
08:00 - 09:00	Early Birds (Adult Only)	Leisure Pool (25.0m)
08:00 - 18:00	Gym Open Session	Gym
09:00 - 13:00	Private Swimming Lessons	Leisure Pool (25.0m)
09:00 - 17:30	Public Swimming	Leisure Pool (25.0m)
12:00 - 13:00	Available for Zig Zag DanceActive Parties	Dance Studio / Hall
13:00 - 14:00	Zig Zag Dance Mat Fever	Dance Studio / Hall
14:00 - 15:00	Available for Zig Zag DanceActive Parties	Dance Studio / Hall
15:00 - 16:00	Zig Zag Dance Mat Fever	Dance Studio / Hall
16:00 - 17:00	Available for Zig Zag DanceActive Parties	Dance Studio / Hall
18:00 - 20:00	Female Only	Leisure Pool (25.0m)
18:00 - 20:00	Female Only	Gym