

# public swimming times

## King Alfred Leisure Centre

Accurate as of 24/04/2026

### Times for Monday 22 September



Time	Session	Facility
6:00 am - 7:00 am	Swim Club	main pool (25m)
7:00 am - 10:00 am	Lane Swimming (3 lanes)	main pool (25m)
10:00 am - 11:30 am	Lane Swimming (2 lanes)	main pool (25m)
10:00 am - 11:45 am	Aqua Aerobics	main pool (25m)
10:00 am - 6:00 pm	Open Swim	lagoon
11:00 am - 12:00 pm	Splash & Play	teaching pool (12.5m)
11:30 am - 3:30 pm	Open Swim (3 lanes)	main pool (25m)
3:30 pm - 6:00 pm	Swim School	main pool (25m)
3:30 pm - 6:00 pm	Swim School	teaching pool (12.5m)
6:00 pm - 7:30 pm	Lane Swimming (4 lanes)	main pool (25m)
6:00 pm - 9:00 pm	Pool Closed	lagoon
6:45 pm - 7:30 pm	Swimfit	main pool (25m)
7:30 pm - 9:00 pm	Lane Swimming (6 lanes)	main pool (25m)
9:00 pm - 10:00 pm	Lane Swimming (3 lanes)	main pool (25m)
9:00 pm - 10:00 pm	Private Hire	main pool (25m)