

# public swimming times

## King Alfred Leisure Centre

Accurate as of 21/05/2026

### Times for Friday 22 May



Time	Session	Facility
6:30 am - 9:00 am	Lane Swimming (3 lanes)	main pool (25m)
9:00 am - 10:00 am	School Swimming	main pool (25m)
9:00 am - 10:00 am	Pool Closed	main pool (25m)
9:30 am - 3:30 pm	Slide / Flume Available	lagoon
10:00 am - 11:00 am	Open Swim (2 lanes)	main pool (25m)
10:00 am - 6:00 pm	Open Swim	lagoon
11:00 am - 11:45 am	Aqua Aerobics	main pool (25m)
11:00 am - 12:00 pm	Open Swim (2 lanes)	main pool (25m)
12:00 pm - 3:30 pm	Open Swim (3 lanes)	main pool (25m)
3:30 pm - 6:00 pm	Swim School	main pool (25m)
3:30 pm - 6:00 pm	Swim School	teaching pool (12.5m)
5:00 pm - 10:00 pm	Pool Closed	main pool (25m)