

public swimming times

King Alfred Leisure Centre

Accurate as of 21/05/2026

Times for Monday 25 May



Time	Session	Facility
7:00 am - 10:00 am	Lane Swimming (3 lanes)	main pool (25m)
10:00 am - 11:30 am	Lane Swimming (2 lanes)	main pool (25m)
10:00 am - 11:45 am	Aqua Aerobics	main pool (25m)
10:00 am - 3:30 pm	Slide / Flume Available	lagoon
10:00 am - 6:00 pm	Open Swim	lagoon
11:00 am - 12:00 pm	Splash & Play	teaching pool (12.5m)
11:30 am - 3:30 pm	Open Swim (3 lanes)	main pool (25m)
1:00 pm - 3:30 pm	Lane Swimming (2 lanes)	main pool (25m)
3:30 pm - 6:00 pm	Swim School	main pool (25m)
3:30 pm - 6:00 pm	Swim School	teaching pool (12.5m)
6:00 pm - 7:30 pm	Pool Closed	main pool (25m)
6:00 pm - 9:00 pm	Pool Closed	lagoon