


public swimming times

Prince Regent Swimming Complex

Accurate as of 28/04/2024

Times for Friday 30 October						
Time	Session	Facility	Instructor	# Lanes	Level	
7:00 am - 3:30 pm	Adult Lanes	main pool (25.0m)			all levels	
3:45 pm - 5:45 pm	Swim School	flexi pool			beginner / intermediate	
3:45 pm - 5:45 pm	Swim School	teaching pool (12.5m)			beginner	
6:00 pm - 8:00 pm	Swim Club	shallow pool			intermediate	
6:00 pm - 9:00 pm	Swim Club	flexi pool			all levels	
6:00 pm - 9:30 pm	Swim Club	main pool (25.0m)			all levels	