

# public swimming times

## Prince Regent Swimming Complex

Accurate as of 05/05/2024

### Times for Thursday 5 November



Time	Session	Facility	Instructor	# Lanes	Level
9:30 am - 3:30 pm	Family Swim	teaching pool (12.5m)			family
9:40 am - 10:25 am	Aqua Deep	flexi pool			intermediate / advanced
4:00 pm - 6:00 pm	Swim School	flexi pool			beginner / intermediate
4:00 pm - 6:00 pm	Swim School	teaching pool (12.5m)			beginner
4:00 pm - 6:30 pm	Swim School	main pool (25.0m)			intermediate / advanced