

public swimming times

Prince Regent Swimming Complex

Accurate as of 04/05/2024

Times for Friday 6 November



Time	Session	Facility	Instructor	# Lanes	Level
7:00 am - 3:30 pm	Adult Lanes	main pool (25.0m)			all levels
3:45 pm - 5:45 pm	Swim School	flexi pool			beginner / intermediate
3:45 pm - 5:45 pm	Swim School	teaching pool (12.5m)			beginner
6:00 pm - 8:00 pm	Swim Club	shallow pool			intermediate
6:00 pm - 9:00 pm	Swim Club	flexi pool			all levels
6:00 pm - 9:30 pm	Swim Club	main pool (25.0m)			all levels