

public swimming times

Prince Regent Swimming Complex

Accurate as of 09/10/2026

Times for Saturday 10 October					
Time	Session	Facility	Instructor	# Lanes	Level
9:30 am - 11:30 am	Adult Swimming (3 Lanes)	Main pool (25M)			
11:30 am - 1:00 pm	Lane Swimming (3 Lanes), Shallow Pool & Slide	Main Pool (25M) & Shallow Pool			intermediate / advanced
1:00 pm - 3:45 pm	Open Swim (3 Lanes), Shallow Pool & Slide	Main Pool (25M) & Shallow Pool			all levels
2:00 pm - 5:00 pm	Family Swim & Water Features	Teaching pool			family
5:15 pm - 7:15 pm	Private Pool Party	Main pool (25M)			