

public swimming times

Prince Regent Swimming Complex

Accurate as of 09/10/2026

Times for Sunday 11 October					
Time	Session	Facility	Instruct or	# Lanes	Level
10:15 am - 5:00 pm	Open Swim (3 Lanes), Shallow Pool & Slide	Main Pool (25M) & Shallow Pool			all levels
2:00 pm - 5:00 pm	Family Swim & Water Features	Teaching pool			family