# public swimming times
## Summerfields Leisure Centre

**Accurate as of 23/04/2024**

### Times for Monday 20 September

| Time | Session | Facility |
|---|---|---|
| 6:30 am - 8:30 am | Adult Swim | indoor pool (25m) |
| 8:30 am - 11:00 am | Open Swim with Lanes | indoor pool (25m) |
| 11:00 am - 11:45 am | Aqua Aerobics | indoor pool (25m) |
| 11:45 am - 1:30 pm | Lane Swimming (3 lanes) | indoor pool (25m) |
| 1:30 pm - 2:30 pm | Adult Swim | indoor pool (25m) |
| 2:30 pm - 3:30 pm | Open Swim | teaching pool (10m) |
| 4:00 pm - 5:30 pm | Lane Swimming (2 lanes) | indoor pool (25m) |