

# public swimming times

## Summerfields Leisure Centre

Accurate as of 23/04/2024

### Times for Monday 22 August



Time	Session	Facility
6:30 am - 8:30 am	Adult Swim	indoor pool (25m)
8:30 am - 11:00 am	Open Swim with Lanes	indoor pool (25m)
11:00 am - 11:45 am	Aqua Aerobics	indoor pool (25m)
11:45 am - 1:30 pm	Lane Swimming (3 lanes)	indoor pool (25m)
1:30 pm - 2:30 pm	Adult Swim	indoor pool (25m)
2:30 pm - 3:30 pm	Open Swim	teaching pool (10m)
4:00 pm - 5:30 pm	Lane Swimming (2 lanes)	indoor pool (25m)