

public swimming times

Bexhill Leisure Pool

Accurate as of 19/04/2026

Times for Monday 2 August



Time	Session	Facility
6:30 am - 9:00 am	Adult Lanes	Indoor Pool (25.0m)
9:00 am - 10:00 am	Aqua Aerobics	Indoor Pool (25.0m)
10:00 am - 12:00 pm	Open Swim (waves)	Indoor Pool (25.0m)
12:00 pm - 1:00 pm	Open Swim (1 lane)	Indoor Pool (25.0m)
1:00 pm - 3:30 pm	Open Swim (waves)	Indoor Pool (25.0m)
3:30 pm - 6:00 pm	Swim School	Indoor Pool (25.0m)
6:00 pm - 7:00 pm	Adult Lanes	Indoor Pool (25.0m)
7:00 pm - 9:00 pm	Swim Club	Indoor Pool (25.0m)